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# Worksheet 1: The Therapist’s Attributes

<table>
<thead>
<tr>
<th>Values &amp; beliefs</th>
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<tbody>
<tr>
<td>Knowledge base</td>
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<tr>
<td>Ethics of practice</td>
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<tr>
<td>Theoretical framework</td>
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<tr>
<td>Advocacy for profession</td>
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<td>Comfort with flexibility</td>
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## Identifying a Therapeutic Focus

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## WORKSHEET 2: THE CLIENT’S ATTRIBUTES

### IDENTIFYING A THERAPEUTIC FOCUS

<table>
<thead>
<tr>
<th>Referral themes</th>
<th>Communication style</th>
<th>Level of engagement</th>
<th>Health complexity</th>
<th>Understanding of music therapy</th>
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</thead>
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**NOTES**
WORKSHEET 3: FEATURES OF THE CONTEXT

Team interactions

Philosophy & guidelines

Number of sessions funded

Understanding of music therapy

Group or individual session

Scope of work
WORKSHEET 4: INTERSECTIONS BETWEEN THE PLAYERS

Client autonomy

Professional compatibility

Team collaboration

Respect

Therapeutic alliance

Level of collaboration

IDENTIFYING A THERAPEUTIC FOCUS
WORKSHEET 5: MAPPING THE FULL THEORY

CLIENT / hyphen . case NEEDS CHANGING OVER TIME / emdash . case THERAPY PROCESS

CLIENT

THE RAPIST

IDENTIFYING A THERAPEUTIC FOCUS

CLIENT AUTONOMY

PROFESSIONAL COMPATIBILITY

THE CLIENT / hyphen . case IN/hyphen . case CONTEXT THEORY

GRACE THOMPSON, WORKSHEET 1

NOTES

CLIENT - NEEDS CHANGING OVER TIME - THERAPY PROCESS

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