These supplementary materials are intended strictly for your personal use in connection with the publication they support. They may not be reproduced for any other purposes (including sharing with colleagues or friends, in publications, or sharing on social media) without the permission of the publisher.
Chapter 2

1. Popcorn Reading
2. Mouse and Cheese Reading
8. Story Sticks
9. Fortune Tellers
Chapter 3

13. Sentence Roll

Roll Out a Sentence!

<table>
<thead>
<tr>
<th>NOUNS</th>
<th>VERBS</th>
<th>ADJECTIVE</th>
<th>WHERE?</th>
</tr>
</thead>
<tbody>
<tr>
<td>alien</td>
<td>crawl</td>
<td>stinky</td>
<td>bath</td>
</tr>
<tr>
<td>sloth</td>
<td>swim</td>
<td>yucky</td>
<td>attic</td>
</tr>
<tr>
<td>clown</td>
<td>jump</td>
<td>mushy</td>
<td>moon</td>
</tr>
<tr>
<td>zombie</td>
<td>flip</td>
<td>purple</td>
<td>circus</td>
</tr>
<tr>
<td>squid</td>
<td>squish</td>
<td>sleepy</td>
<td>treehouse</td>
</tr>
<tr>
<td>monster</td>
<td>yank</td>
<td>saggy</td>
<td>store</td>
</tr>
<tr>
<td>spider</td>
<td>yell</td>
<td>muddy</td>
<td>river</td>
</tr>
<tr>
<td>robot</td>
<td>wiggle</td>
<td>dirty</td>
<td>mudbog</td>
</tr>
<tr>
<td>alligator</td>
<td>squirm</td>
<td>chubby</td>
<td>cave</td>
</tr>
<tr>
<td>shark</td>
<td>waddle</td>
<td>squishy</td>
<td>bathroom</td>
</tr>
<tr>
<td>monkey</td>
<td>skate</td>
<td>chewy</td>
<td>garden</td>
</tr>
</tbody>
</table>
Write your sentence below:

.................................................................................................................................
.................................................................................................................................
.................................................................................................................................
.................................................................................................................................
.................................................................................................................................
.................................................................................................................................
.................................................................................................................................
.................................................................................................................................
.................................................................................................................................
.................................................................................................................................

Draw your sentence below:
14. List It!

- 4 things you would find on a sports field
- 6 items you would find in a supermarket
- 8 body parts
- 10 things you would find in a classroom
- Mess a Turn
- 5 parts on a bicycle
- 8 animals you would find in a zoo
- 7 toppings you would put on a pizza
- 5 things you would put in a fish tank
- Trade names with a component
- Any 4 capital cities in the world
- 10 colours
- 6 types of fruit
- 5 things with a frame
- 4 types of prehistoric animals
- 7 letters of the alphabet
- 5 ways to use water
- 6 things you can make with wood
- 5 things that whistle
- Mess a Turn

START

FINISH
### 16. Noun and Verb Charades

<table>
<thead>
<tr>
<th>Nouns</th>
<th>Verbs</th>
</tr>
</thead>
<tbody>
<tr>
<td>book</td>
<td>dog</td>
</tr>
<tr>
<td>pen</td>
<td>cat</td>
</tr>
<tr>
<td>computer</td>
<td>car</td>
</tr>
<tr>
<td>eyeball</td>
<td>mouth</td>
</tr>
<tr>
<td>shirt</td>
<td>shovel</td>
</tr>
<tr>
<td>baking</td>
<td>running</td>
</tr>
<tr>
<td>biking</td>
<td>writing</td>
</tr>
<tr>
<td>swimming</td>
<td>drumming</td>
</tr>
<tr>
<td>singing</td>
<td>hugging</td>
</tr>
<tr>
<td>drinking</td>
<td>skipping</td>
</tr>
<tr>
<td>hat</td>
<td>elephant</td>
</tr>
<tr>
<td>elephant</td>
<td>lion</td>
</tr>
<tr>
<td>floor</td>
<td>eye</td>
</tr>
<tr>
<td>heart</td>
<td>shovel</td>
</tr>
<tr>
<td>jumping</td>
<td>jumping</td>
</tr>
<tr>
<td>typing</td>
<td>surfing</td>
</tr>
<tr>
<td>driving</td>
<td>whistling</td>
</tr>
<tr>
<td>reading</td>
<td>reading</td>
</tr>
<tr>
<td>eating</td>
<td>hiding</td>
</tr>
<tr>
<td>phone</td>
<td>hamburger</td>
</tr>
<tr>
<td>bicycle</td>
<td>bicycle</td>
</tr>
<tr>
<td>photograph</td>
<td>photograph</td>
</tr>
<tr>
<td>idea</td>
<td>flower</td>
</tr>
<tr>
<td>flower</td>
<td>skates</td>
</tr>
<tr>
<td>sleeping</td>
<td>sleeping</td>
</tr>
<tr>
<td>sleeping</td>
<td>sleeping</td>
</tr>
<tr>
<td>typing</td>
<td>surfing</td>
</tr>
<tr>
<td>skiing</td>
<td>skiing</td>
</tr>
<tr>
<td>gardening</td>
<td>gardening</td>
</tr>
<tr>
<td>cooking</td>
<td>cooking</td>
</tr>
<tr>
<td>knitting</td>
<td>knitting</td>
</tr>
<tr>
<td>flying</td>
<td>flying</td>
</tr>
</tbody>
</table>
## 20. Character on Social Media

<table>
<thead>
<tr>
<th>Profile Picture</th>
<th>Posts</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Information**

- Relationship Status:
- Current City:
- Birthday:
- Place of Work:

**Life Events**

- 
- 
- 

**Friends**

- 
- 
- 

**Likes**

- 
- 
- 

---

*FakeBook*

- Friends
- Applications
- Inbox (1)
- Home
31. Spin It and Write It!
32. Rainbow Word Spelling

red
orange
yellow
green
blue
violet

red
orange
yellow
green
blue
violet

red
orange
yellow
green
blue
violet
## Spelling Sleuths

<table>
<thead>
<tr>
<th>A</th>
<th>H</th>
<th>O</th>
<th>V</th>
</tr>
</thead>
<tbody>
<tr>
<td>B</td>
<td>I</td>
<td>P</td>
<td>W</td>
</tr>
<tr>
<td>C</td>
<td>J</td>
<td>Q</td>
<td>X</td>
</tr>
<tr>
<td>D</td>
<td>K</td>
<td>R</td>
<td>Y</td>
</tr>
<tr>
<td>E</td>
<td>L</td>
<td>S</td>
<td>Z</td>
</tr>
<tr>
<td>F</td>
<td>M</td>
<td>T</td>
<td></td>
</tr>
<tr>
<td>G</td>
<td>N</td>
<td>U</td>
<td></td>
</tr>
</tbody>
</table>

Become a spelling sleuth and create a secret code for your spelling words.

Example: you = ☑️ ☁️ 🏠

<p>| | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Chapter 5

37. Self-Care Checklist

MY SELF-CARE Checklist
THINGS I CAN DO FOR MYSELF

☐ ____________________
☐ ____________________
☐ ____________________
☐ ____________________
☐ ____________________

Copyright © Reid, McIntosh and Clark – Practical Activities and Ideas for Parents of Dyslexic Kids and Teens – 2022
41. Wall of Worries and Wall of Wisdom
## Pump, Pedal, Glide

<table>
<thead>
<tr>
<th>Tasks that take effort - Strategies I can use to make the task easier</th>
<th>Tasks that are easier for me - Strategies I can use to keep me engaged</th>
<th>Tasks that are easy for me - Strategies I can use to enjoy them</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
OUR FAMILY VALUES

Tell the truth ★ Challenge yourself
Learn something new
Honour your feelings
Help each other ♡ Be kind

Make lots of mistakes
Have fun! Play with LEGO®
Ask for help
Listen to music 🎵
Live and love with your whole heart 🎁
Chapter 6

46. Organizing Passport

![My Morning Passport](image)
# My Evening Passport

<table>
<thead>
<tr>
<th>Activity</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thur</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
</tr>
</thead>
<tbody>
<tr>
<td>Have an afterschool snack</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Relax for 15 minutes</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Do my homework</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Do my chores</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Eat dinner</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Brush my teeth</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Frame It!

The Art of Better Decision Making

First Choice

Pros

__________________________
__________________________
__________________________
__________________________
__________________________

Cons

__________________________
__________________________
__________________________
__________________________
__________________________

Second Choice

Pros

__________________________
__________________________
__________________________
__________________________
__________________________

Cons

__________________________
__________________________
__________________________
__________________________
__________________________

My best choice is: ____________________ because ____________________

__________________________
__________________________
__________________________
__________________________

Copyright © Reid, McIntosh and Clark – Practical Activities and Ideas for Parents of Dyslexic Kids and Teens – 2022
51. Tag It! Backpack Tags

My BagTag Checklist

- Check for homework
- Books and/or binders for homework
- Lunch bag
- Gym clothes

My BagTag Checklist

- 
- 
- 
- 
- 
- 
- 
- 
- 
- 
- 
-
58. Inferring Clues

Birds fly south for me.
I am a season after autumn.
Snow is common when I'm around.
WHAT AM I?

You can plant me.
You can pop me.
You can eat me on the cob.
WHAT AM I?

I can be peeled.
I am yellow.
You can make bread with me.
WHAT AM I?

I have a face.
I have hands.
I tell time.
WHAT AM I?

You can knock on me.
You can open me.
I can be slammed shut.
WHAT AM I?

I lie around all day.
You can walk all over me.
I can keep your feet warm.
WHAT AM I?

I have big ears.
I have an excellent memory.
My nose is long.
WHAT AM I?

I have an office.
I don't sit at a desk.
You can come to me when you're sick.
WHO AM I?

I am Winter

I am Corn

I am a Banana

I am a Clock

I am a Door

I am a Rug

I am an Elephant

I am a Doctor
1 have big ears.
1 have a pouch.
1 Live Down Under.
WHAT AM I?

1 transport people.
1 can have one or two wheels.
1 do not have an engine.
WHAT AM I?

1 am slippery.
1 can be fast.
You can slide down me.
WHAT AM I?

1 can be turned on and off.
1 help you see.
1 make things brighter.
WHAT AM I?

1 tell you when a guest arrives.
1 am loud.
1 can be rung.
WHAT AM I?

You can see through me.
You put me on your face.
I help you see better.
WHAT AM I?

You can open me.
I provide hours of entertainment.
I am full of words.
WHAT AM I?

1 live in space.
1 shine at night.
1 have different phases.
WHAT AM I?

----

I AM A KANGAROO
I AM A BICYCLE OR UNICYCLE
I AM A SLIDE
I AM A LIGHT

I AM A DOORBELL
I AM EYEGLASSES
I AM A BOOK
I AM THE MOON
Chapter 7

61. Rebus Puzzles
Answer: A picture is worth a thousand words
Answer: Actions speak louder than words
Answer: Add insult to injury
Answer: Barking up the wrong tree
Answer: Cutting corners
Answer: That's the last straw
Answer: The best of both worlds
Answer: Bent out of shape
Answer: Under the weather
Answer: Let the cat out of the bag
65. Target: Reaching Your Goal

Target!
Personal Goal Setting

Three goals I would like to work on this month:

1. .................................................................

2. .................................................................

3. .................................................................

Three steps I need to take to achieve my goals:

1. .................................................................

2. .................................................................

3. .................................................................

How did I do?

.......................................................................

.......................................................................

.......................................................................

.......................................................................

.......................................................................

.......................................................................

.......................................................................

.......................................................................

Copyright © Reid, McIntosh and Clark – Practical Activities and Ideas for Parents of Dyslexic Kids and Teens – 2022
# My Goal Planner

**The Goal:**

**The Strategy:**

**Steps to Take:**

- 
- 
- 
- 
- 
- 
- 
- 
- 

**What do I need to reach my goal?**

**Reflect – How did I do?**
68. Create and Set Up Routines

My Morning Routine

- Have my breakfast
- Make my bed
- Brush my teeth
- Go to the bathroom
- Get dressed
- Brush my hair
- Pack my lunch
- Pack my schoolbag
<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 am</td>
<td>Morning Routine</td>
<td>Make bed, brush teeth, have breakfast</td>
</tr>
<tr>
<td>8:00 am</td>
<td>Prepare for School</td>
<td>Pack lunch, pack schoolbag</td>
</tr>
<tr>
<td>9:00 am to 3:00 pm</td>
<td>School Time</td>
<td></td>
</tr>
<tr>
<td>3:30 pm</td>
<td>Have Snack</td>
<td></td>
</tr>
<tr>
<td>4:00 pm</td>
<td>Do Homework</td>
<td></td>
</tr>
<tr>
<td>7:00 pm</td>
<td>Reading</td>
<td></td>
</tr>
<tr>
<td>8:30 pm</td>
<td>Bedtime Routine</td>
<td>Brush teeth, put on pajamas</td>
</tr>
</tbody>
</table>
My Evening Routine

- Do my homework
- Have my snack
- Have my dinner
- Read a book
- Clean up my dishes
- Brush my teeth
- Put my pajamas on